

## Icebreaker Teambuilding

# Beating Boots

Energise

Motivate

Broad appeal

Unique experience

Duration:  
**Approx. 1 hour**Location:  
**Nationwide**Group Size:  
**10-500**

This wild energiser comes straight out of Africa, it's a spectacular display of euphoric gum boot dancing and wellie whacking!

Our amazing African performers and musicians burst into your conference cheering, playing drums, stamping their feet and clapping their hands – taking your delegation by complete surprise...



Within seconds we'll have your group up on their feet; slapping, clapping, stomping and calling along with us. Our performers teach some fantastically fun dance moves to accompany the boot stomping.

Why wellies? Well this form of dancing was born in the South African gold mines. Miners were forbidden from talking so would use beats played with their boots to communicate without their superiors' knowledge.



We'll play traditional African instruments as you accompany our performers in your own great gumboot dance! You'll be taught some booming beats and stomping sequences to perform back to everyone.

This spectacular, stomping Icebreaker will have your group completely energised and raring for the rest of the day. You'll be able to feel the booming drumming reverberating around your body as you catch the infectious energy of our performers.

### What's Included:

-  Gumboot Dance Instructor
-  Event management & instruction

### Optional Extras:

-  Event Photography or Filming
-  Team clothing –Shirts, Caps etc