

Outdoor Teambuilding

# Club Adrenaline

## Activity Descriptions



### Laser Clays

A complete replica of traditional clay pigeon shooting; five people shoot at clay targets, which are fired at various angles at up to 60mph, 50ft above ground. Complete with genuine guns and sound effects, individuals' scores are displayed on a giant live scoreboard.



### Archery

Robin Hood has nothing on our qualified instructors, who will give you a full brief on the correct technique to ensure you hit the golden bullseye every time! Judgement and finesse are the watch words here!



### Segways

Lean forwards to go forwards, lean back to brake or go backwards, a light tug on the control column to the left or right to steer – that's it. Now all you need to do is negotiate your way around our complex course!



### Inflatable Volleyball

Prepare for lots of team fun on this 20' x 40' bouncy beach volleyball court, complete with palm trees! Six a-side, teams play the bounciest game of Volleyball ever in this giant inflatable arena.



### Human Table Football

This is one of our most enjoyable team activities, not only to participate in but also to watch! Imagine giant table football, in teams of five, you slide from side to side along the crossbars in order to get to the ball and score goals. No spinning!



### Explosive Shooting

Practice your marksmanship on our rifle range. Use these high powered pneumatic firearms to shoot at exploding targets and score points for your team.



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### Crossbows

Are you William Tell re-incarnate? Have a go with our high-powered, modern crossbows with telescopic sights, all under the expert eye of our qualified instructors. Please, no shooting apples off colleagues' heads...



### Quad Bikes

Speed and accuracy take equal importance here when riding the Yamaha 125cc Quad Bikes. After a helmet fitting and safety brief, riders set off around our course under the eye of our track stewards.



### Blindfold 4x4 Driving

Think you can drive blindfolded? Teamwork and communication is the key to this challenge, communicating with your passengers to navigate your way accurately around the course, then time to swap out and have a go at directing...



### Rage Buggies

Have an adrenaline filled ride in our off-road buggies. Team members will be given a safety brief before attempting to set the fastest lap time around our track. Drivers will be equipped with helmets and track marshals will be supervising.



### Powerturns

These hilarious machines have two seats and two engines, one controlled by each throttle-jockey, which power the wheels at different speeds. In order to drive quickly around the course you have to coordinate throttles. Cue teamwork and hysterics!



### Argocats

Argocats look more at home on a battlefield than an activity field. These six wheeled off road vehicles have two seats and with the help of our instructor, team members will make their way around our track. Great fun on any terrain.



### Mini Tanks

These single-seater tanks are great fun. Miniature versions of WWII Panzer tanks, their caterpillar tracks mean they can go over almost any ground to navigate around our course.