



# Outdoor Teambuilding It's A Knock Out

High Energy

Motivate

Team Cohesion

Friendly Competition

Duration:  
**Approx. 2-3 hours**Location:  
**Nationwide**Group Size:  
**20 - 250**

Loved by young and old, our 'It's A Knockout' tribute event is high energy, colourful and supreme fun. Using our great selection of giant inflatable games and activities, we recreate the fun of that wild and whacky game show.

This hilarious day has one of the biggest laugh-factors of all of our events. The focus here is on exuberant team bonding through shared enjoyment of our seriously silly challenges. You'll go home with a grin from ear to ear, and some great stories and banter for the office on Monday.

- Obstacle Course
- Human Demolition
- Archery Tag
- Gladiator Joust
- Team Ski
- Bungee Run
- Inflatable Volleyball
- Human Table Football
- Sumo Relay

Arriving at the activity field, you will be awed by our massive, colourful inflatables. We start with a big, funny group warm-up to get everybody limbered up, led by our characterful Event Manager.

The overall group size defines the content for this event. For smaller groups of fewer than thirty, we can produce a cost effective multi activity programme. For larger groups, even several hundred people, we have the resources and experience to put on a major show.

This event can be run at any venue with a large outdoor space, our set up is completely mobile.

## What's Included:

- ✓ A combination of the above activities, according to group size and budget
- ✓ PA system and music
- ✓ Medals for the winning team
- ✓ Event management and experienced instructors

## Optional Extras:

- ✓ Event Photography or Filming
- ✓ Upgraded prizes – Champagne, Chocolates, Trophies
- ✓ Team clothing – Shirts, Caps etc



## Activity Descriptions



### Inflatable Obstacle Course

This giant, 70ft inflatable obstacle course is amazing fun! Run head to head battling your way past the inflatable pillars, through tunnels, over walls to pass the relay-baton to the next runner.



### Human Demolition

A 1m diameter inflatable wrecking ball, swinging on a line, coming straight for you! Can you dodge it? Can you knock it back to send your opponents flying off their inflatable pods? Last person standing wins!



### Archery Tag

Dodge, duck, dip, dive and... arrows? No this isn't dodgeball, it's Archery-tag! Though some of the rules are the same, you're not testing your throwing arm but your archery skills. This game dials up the adrenaline and competition!



### Gladiator Joust

Lock into mortal combat with your opponent; armed with a foam pillow you need to stay balanced on the beam and knock your adversary off their perch.



### Team Ski Relay

Four members of the team stand astride one large set of skis and attempt to complete an obstacle course by moving in unison. They will then hand over to their team mates who will race back to the finish line.



### Bungee Run

Two contestants, attached to a long bungee, run as fast as they can down the runways to slap their velcro markers down as far as can get before the bungee pulls tight and catapults them back to where they started! Frustrating as it is hilarious for spectators and runners!



### Inflatible Volleyball

Prepare for lots of team fun on this 20' x 40' bouncy beach volleyball court, complete with palm trees! Six a side, teams play the bounciest game of Volleyball ever in this giant inflatable arena.



### Human Table Football

This is one of our most enjoyable team activities, not only to participate in but also to watch! Imagine giant table football, in teams of five, you slide from side to side along the crossbars in order to get to the ball and score goals. No spinning!



### Sumo Relay

Don the huge Sumo suit and run as fast as you can, while struggling to remain upright, to your team mates at the other end of the short track, then rush to de-Sumo to give the suit to the next person to repeat.



**Did you know...** We provide over **90 different events**, so if you fancy something else please do not hesitate to ask