



Outdoor Teambuilding

It's A Knock Out

Activity Descriptions



Inflatable Volleyball

Prepare for lots of team fun on this 20' x 40' bouncy beach volleyball court, complete with palm trees! Six a-side, teams play the bounciest game of Volleyball ever in this giant inflatable arena.



Human Table Football

This is one of our most enjoyable team activities, not only to participate in but also to watch! Imagine giant table football, in teams of five, you slide from side to side along the crossbars in order to get to the ball and score goals. No spinning!



Inflatable Obstacle Course

This giant, 70ft inflatable obstacle course is amazing fun! Run head to head battling your way past the inflatable pillars, through tunnels, over walls to pass the relay-baton to the next runner.



Human Demolition

A 1m diameter inflatable wrecking ball, swinging on a line, coming straight for you! Can you dodge it? Can you knock it back to send your opponents flying off their inflatable pods? Last person standing wins!



Bungee Run

Two contestants, attached to a long bungee, run as fast as they can down the runways to slap their velcro markers down as far as can get before the bungee pulls tight and catapults them back to where they started! Frustrating as it is hilarious for spectators and runners!



Outdoor Teambuilding

It's A Knock Out

Activity Descriptions



Sumo Relay

Don the huge Sumo suit and run as fast as you can, while struggling to remain upright, to your team mates at the other end of the short track, then rush to de-Sumo to give the suit to the next person to repeat.



Gladiator Joust

Lock into mortal combat with your opponent; armed with a foam pillow you need to stay balanced on the beam and knock your adversary off their perch.



Caterpillar Run

Here you and your team mates will have to work together to get from one side of the course to the other. You will step inside this PVC loop, walking as fast as you can over it while feeding the excess over your heads back to the front.



Team Ski Relay

Four members of the team stand astride one large set of skis and attempt to complete an obstacle course by moving in unison. They will then hand over to their team mates who will race back to the finish line.