



Charity Events

Sleep Pod

EVENT FACTS:

Duration: Approx. 2-3 hours

Location: Nationwide

Group Size: 5-100




Welcome to “Sleep Pod” – a team-building activity where participants create life-saving sleeping shelters designed to protect rough sleepers and refugees from severe weather. Together, your team will assemble these insulated, portable Sleep Pods, providing crucial warmth and shelter for those facing the harsh realities of life outdoors. More than just an activity, this event allows teams to bond through hands-on teamwork while making a direct, meaningful impact in their community.

Sleep Pods are lightweight, weather-resistant emergency shelters that can mean the difference between life and death in cold conditions. Designed for simplicity and portability, each Pod offers protection from wind, rain, and freezing temperatures, helping individuals stay warm and dry. By participating in this event, your team contributes a critical resource, supporting people across the UK and Europe who are living without stable housing.




Hands-on Building Experience: The event begins with a demonstration by expert facilitators, guiding teams through the construction process. Each team, equipped with materials and tools, will work at individual build stations, following instructions to ensure each Pod is constructed safely and effectively. Collaboration, communication, and critical thinking are key to completing the Sleep Pods, making this activity both engaging and rewarding. Participants learn the purpose behind each design choice, highlighting the importance of providing warmth and shelter.

Reflection and Impact: Once the Sleep Pods are built, teams gather to reflect on the impact of their work. Knowing that each Pod will be distributed by charitable partners directly to people in need creates a powerful moment of connection and gratitude. Teams leave with a deep sense of achievement and purpose.



Key Benefits:

-  Team collaboration
-  Problem solving
-  Community impact

What's Included:

-  Materials & tools needed
-  Expert facilitation & guidance
-  Event management

Optional Extras:

-  Event photography or filming
-  Custom team clothing